

2020 日本身体障がい者水泳連盟強化・育成指定基準記録_2019.12

MEN

種目	クラス	強化			育成				
		S	A	B	S	A	A-2	B	
50Fr	S 1								
	S 2					01:33.69	01:39.20	01:45.40	
	S 3	00:42.18	00:52.26	00:54.52	01:04.36	01:11.51	01:15.72	01:20.45	
	S 4	00:39.57	00:40.99	00:41.66	00:44.80	00:49.78	00:52.71	00:56.00	
	S 5	00:32.84	00:34.93	00:36.19	00:38.69	00:42.99	00:45.52	00:48.36	
	S 6					00:38.61	00:40.88	00:43.44	
	S 7	00:28.52	00:29.45	00:29.94	00:32.44	00:36.04	00:38.16	00:40.55	
	S 8					00:33.67	00:35.65	00:37.87	
	S 9	00:26.00	00:26.37	00:26.69	00:29.11	00:32.34	00:34.25	00:36.39	
	S 10	00:23.56	00:24.58	00:25.10	00:27.26	00:30.29	00:32.07	00:34.07	
	S 11	00:26.52	00:27.48	00:27.93	00:30.43	00:33.81	00:35.80	00:38.04	
	S 12					00:30.47	00:32.26	00:34.27	
	S 13	00:23.79	00:24.78	00:25.46	00:27.50	00:30.56	00:32.35	00:34.37	
100Fr	S 1								
	S 2								
	S 3					02:47.17	02:57.00	03:08.06	
	S 4	01:25.80	01:28.57	01:34.25	01:39.25	01:50.28	01:56.76	02:04.06	
	S 5	01:09.32	01:17.28	01:20.70	01:25.70	01:35.22	01:40.82	01:47.12	
	S 6	01:06.21	01:09.45	01:11.48	01:15.55	01:23.94	01:28.88	01:34.44	
	S 7					01:19.69	01:24.38	01:29.65	
	S 8	00:58.13	01:00.79	01:01.28	01:06.28	01:13.64	01:17.98	01:22.85	
	S 9					01:09.59	01:13.68	01:18.29	
	S 10	00:51.48	00:54.42	00:55.14	00:59.82	01:06.47	01:10.38	01:14.77	
	S 11					01:16.67	01:21.18	01:26.25	
	S 12	00:53.64	00:55.21	00:56.63	01:01.63	01:08.48	01:12.51	01:17.04	
	S 13					01:07.37	01:11.33	01:15.79	
200Fr	S 1								
	S 2	03:43.69	04:43.40	04:56.10	05:06.10	05:40.11	06:00.12	06:22.63	
	S 3	03:23.10	03:59.53	04:28.10	04:38.10	05:09.00	05:27.18	05:47.63	
	S 4	03:03.81	03:12.00	03:35.28	03:45.28	04:10.31	04:25.04	04:41.60	
	S 5	02:34.18	02:51.63	03:00.41	03:10.41	03:31.57	03:44.01	03:58.01	
400Fr	S 6	05:08.91	05:20.77	05:37.71	05:57.71	06:37.46	07:00.84	07:27.14	
	S 7	04:48.69	04:55.92	05:08.98	05:28.98	06:05.53	06:27.04	06:51.22	
	S 8	04:32.78	04:41.82	04:46.66	05:03.75	05:37.50	05:57.35	06:19.69	
	S 9	04:18.30	04:26.89	04:29.38	04:48.11	05:20.12	05:38.95	06:00.14	
	S 10	04:04.63	04:11.12	04:20.45	04:37.44	05:08.27	05:26.40	05:46.80	
	S 11	04:41.05	05:10.00	05:23.76	05:43.76	06:21.96	06:44.42	07:09.70	
	S 12					05:50.89	06:11.53	06:34.75	
	S 13	04:06.63	04:23.31	04:34.61	04:54.61	05:27.34	05:46.60	06:08.26	
50Ba	S 1	01:13.19	01:35.00	01:53.26	01:55.76	02:08.62	02:16.19	02:24.70	
	S 2	00:50.23	01:01.24	01:08.10	01:10.60	01:18.44	01:23.06	01:28.25	
	S 3	00:46.11	00:56.53	00:59.06	01:04.36	01:11.51	01:15.72	01:20.45	
	S 4	00:44.42	00:48.06	00:50.55	00:52.05	00:57.83	01:01.24	01:05.06	
	S 5	00:36.17	00:39.76	00:42.08	00:44.58	00:49.53	00:52.45	00:55.72	
100Ba	S 1	02:27.45	03:00.00	03:50.00	03:59.62	04:26.24	04:41.91	04:59.52	
	S 2	01:49.76	02:13.54	02:29.52	02:39.52	02:57.24	03:07.67	03:19.40	
	S 6	01:14.78	01:20.54	01:23.03	01:28.03	01:37.81	01:43.56	01:50.04	
	S 7	01:11.45	01:15.67	01:18.99	01:23.99	01:33.32	01:38.81	01:44.99	
	S 8	01:04.68	01:09.62	01:12.25	01:17.25	01:25.83	01:30.88	01:36.56	
	S 9	01:04.46	01:05.65	01:06.34	01:11.34	01:19.27	01:23.93	01:29.17	
	S 10	00:59.30	01:01.69	01:03.84	01:08.84	01:16.49	01:20.99	01:26.05	
	S 11	01:08.28	01:12.30	01:14.64	01:19.64	01:28.49	01:33.69	01:39.55	
	S 12	01:00.91	01:03.54	01:08.28	01:13.28	01:21.42	01:26.21	01:31.60	
	S 13	00:59.55	01:03.97	01:04.58	01:09.58	01:17.31	01:21.86	01:26.98	
	50Br	SB 2	00:54.29	01:02.84	01:12.34	01:14.84	01:23.16	01:28.05	01:33.55
		SB 3	00:49.42	00:51.30	00:54.97	00:57.47	01:03.86	01:07.61	01:11.84
		SB 4	01:36.96	01:49.67	01:52.34	01:57.34	02:10.38	02:18.05	02:26.67
SB 5		01:33.41	01:40.05	01:44.89	01:49.89	02:02.10	02:09.28	02:17.36	
SB 6		01:21.23	01:26.82	01:28.56	01:33.56	01:43.96	01:50.07	01:56.95	
100Br	SB 7	01:20.21	01:21.97	01:26.02	01:31.02	01:41.13	01:47.08	01:53.77	
	SB 8	01:11.74	01:15.58	01:18.05	01:23.05	01:32.28	01:37.71	01:43.81	
	SB 9	01:05.81	01:08.91	01:11.01	01:16.01	01:24.46	01:29.42	01:35.01	
	SB 11	01:12.88	01:19.50	01:23.87	01:27.25	01:36.94	01:42.65	01:49.06	
	SB 12	01:08.31	01:10.55	01:14.38	01:19.38	01:28.20	01:33.39	01:39.22	
	SB 13	01:06.71	01:09.82	01:13.34	01:18.22	01:26.91	01:32.02	01:37.77	
	50Fly	S 3					01:29.44	01:34.71	01:40.63
S 4									
S 5		00:35.62	00:38.96	00:40.61	00:43.44	00:48.27	00:51.11	00:54.30	
S 6		00:30.89	00:33.13	00:34.38	00:36.88	00:40.98	00:43.39	00:46.10	
S 7		00:30.07	00:32.13	00:32.90	00:35.40	00:39.33	00:41.65	00:44.25	
100Fly	S 8	01:01.02	01:04.85	01:06.05	01:11.05	01:18.94	01:23.59	01:28.81	
	S 9	00:59.85	01:02.84	01:03.41	01:07.93	01:15.48	01:19.92	01:24.91	
	S 10	00:55.86	00:58.81	00:59.97	01:04.70	01:11.89	01:16.12	01:20.88	
	S 11	01:03.38	01:12.53	01:14.09	01:19.09	01:27.88	01:33.05	01:38.86	
	S 12	00:57.97	01:00.44	01:03.41	01:08.74	01:16.38	01:20.87	01:25.92	
	S 13	00:57.26	00:59.94	01:00.84	01:05.84	01:13.16	01:17.46	01:22.30	
150IM	SM 3	02:52.32	03:17.90	03:33.76	03:41.26	04:05.84	04:20.31	04:36.57	
	SM 4	02:29.89	02:45.34	03:01.38	03:07.88	03:28.76	03:41.04	03:54.85	
200IM	SM 5					04:51.64	05:08.80	05:28.10	
	SM 6	02:41.39	02:50.70	02:58.42	03:08.42	03:29.36	03:41.67	03:55.53	
	SM 7	02:36.46	02:44.10	02:51.39	03:01.39	03:21.54	03:33.40	03:46.74	
	SM 8	02:21.19	02:31.10	02:33.40	02:42.60	03:00.67	03:11.29	03:23.25	
	SM 9	02:17.72	02:23.95	02:26.38	02:35.16	02:52.40	03:02.54	03:13.95	
	SM 10	02:10.48	02:16.01	02:17.05	02:24.55	02:40.61	02:50.06	03:00.69	
	SM 11	02:27.82	02:35.08	02:44.49	02:58.48	03:18.31	03:29.98	03:43.10	
	SM 12					02:55.80	03:06.14	03:17.78	
	SM 13	02:11.12	02:17.54	02:21.49	02:31.49	02:48.32	02:58.22	03:09.36	

WOMEN

種目	クラス	強化			育成				
		S	A	B	S	A	A-2	B	
50Fr	S 1								
	S 2								
	S 3						01:19.38	01:24.05	01:29.30
	S 4	00:40.51	00:44.18	00:47.84	00:55.62	01:01.80	01:05.44	01:09.52	
	S 5					00:51.80	00:54.85	00:58.28	
	S 6	00:34.09	00:35.64	00:37.24	00:39.74	00:44.16	00:46.75	00:49.68	
	S 7					00:42.92	00:45.45	00:48.29	
	S 8	00:30.53	00:31.44	00:32.56	00:34.42	00:38.24	00:40.49	00:43.02	
	S 9					00:36.38	00:38.52	00:40.93	
	S 10	00:27.72	00:28.79	00:28.99	00:31.49	00:34.99	00:37.05	00:39.36	
	S 11	00:30.83	00:32.20	00:33.49	00:35.99	00:39.99	00:42.34	00:44.99	
	S 12					00:37.20	00:39.39	00:41.85	
	S 13	00:26.90	00:28.52	00:28.88	00:31.35	00:34.83	00:36.88	00:39.19	
100Fr	S 1								
	S 2								
	S 3	01:34.86	01:57.38	02:23.51	02:28.51	02:45.01	02:54.72	03:05.64	
	S 4					02:30.00	02:38.82	02:48.75	
	S 5	01:21.97	01:27.59	01:34.86	01:41.94	01:53.27	01:59.93	02:07.42	
	S 6					01:35.32	01:40.93	01:47.24	
	S 7	01:12.81	01:15.15	01:17.96	01:22.96	01:32.18	01:37.60	01:43.70	
	S 8					01:26.64	01:31.74	01:37.48	
	S 9	01:02.81	01:04.95	01:05.84	01:10.84	01:18.71	01:23.34	01:28.55	
	S 10	01:00.93	01:02.51	01:02.99	01:07.99	01:15.54	01:19.99	01:24.99	
	S 11	01:08.31	01:13.86	01:15.48	01:20.48	01:29.42	01:34.68	01:40.60	
	S 12	01:00.91	01:06.37	01:08.05	01:13.05	01:21.17	01:25.94	01:31.31	
	S 13					01:16.00	01:20.47	01:25.50	
200Fr	S 1								
	S 2								
	S 3								
	S 4								
	S 5	02:51.37	03:14.40	03:31.69	03:41.69	04:06.32	04:20.81	04:37.11	
400Fr	S 6	05:21.37	05:43.50	05:55.29	06:21.68	07:04.09	07:29.04	07:57.10	
	S 7	05:21.20	05:41.78	05:46.79	06:06.79	06:47.54	07:11.52	07:38.49	
	S 8	04:49.35	05:19.32	05:21.68	05:41.68	06:19.64	06:41.98	07:07.10	
	S 9	04:43.66	04:58.10	05:04.07	05:24.07	06:00.08	06:21.26	06:45.09	
	S 10	04:32.28	04:46.76	04:49.14	05:07.43	05:41.59	06:01.68	06:24.29	
	S 11	05:22.35	05:44.00	05:51.70	06:11.70	06:53.00	07:17.29	07:44.63	
	S 12					06:37.78	07:01.18	07:27.50	
	S 13	04:41.90	04:50.09	04:59.02	05:19.02	05:54.47	06:15.32	06:38.77	
50Ba	S 1								
	S 2	01:06.75	01:24.45	01:50.00	01:53.58	02:06.20	02:13.62	02:21.98	
	S 3	00:51.42	01:01.65	01:08.94	01:11.44	01:19.38	01:24.05	01:29.30	
	S 4	00:51.62	00:59.97	01:03.14	01:08.35	01:15.94	01:20.41	01:25.44	