

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満17歳の選手用】

男子-MEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:38.09	01:41.18	01:44.48
	S 2				01:18.60	01:21.08	01:23.72
	S 3	00:45.95	00:50.09	00:56.94	00:58.10	00:59.93	01:01.89
	S 4	00:37.58	00:40.40	00:41.61	00:42.45	00:43.80	00:45.22
	S 5	00:31.35	00:33.30	00:35.65	00:36.37	00:37.52	00:38.75
	S 6				00:32.86	00:33.90	00:35.01
	S 7	00:27.99	00:28.49	00:29.67	00:30.27	00:31.23	00:32.25
	S 8				00:29.03	00:29.94	00:30.92
	S 9	00:25.19	00:25.96	00:26.28	00:26.81	00:27.66	00:28.56
	S 10	00:23.50	00:25.00	00:25.57	00:26.09	00:26.91	00:27.79
	S 11	00:26.18	00:27.96	00:28.27	00:28.84	00:29.75	00:30.72
	S 12				00:26.48	00:27.32	00:28.21
	S 13	00:24.13	00:24.54	00:25.03	00:25.54	00:26.34	00:27.20
100Fr	S 1				03:24.20	03:30.65	03:37.52
	S 2				02:53.35	02:58.83	03:04.66
	S 3				02:40.23	02:45.29	02:50.68
	S 4	01:22.93	01:28.46	01:35.68	01:37.63	01:40.71	01:44.00
	S 5	01:10.80	01:15.12	01:19.81	01:21.43	01:24.01	01:26.75
	S 6	01:05.45	01:07.60	01:10.89	01:12.33	01:14.62	01:17.05
	S 7				01:10.88	01:13.12	01:15.51
	S 8	00:58.52	01:00.03	01:01.21	01:02.45	01:04.43	01:06.53
	S 9				00:58.69	01:00.54	01:02.52
	S 10	00:51.45	00:54.72	00:56.01	00:57.15	00:58.95	01:00.88
	S 11				01:05.25	01:07.31	01:09.51
	S 12	00:52.87	00:55.09	00:57.33	00:58.50	01:00.34	01:02.31
	S 13				00:57.25	00:59.06	01:00.98
200Fr	S 1				06:34.20	06:46.65	06:59.81
	S 2	04:14.17	04:42.43	05:16.21	05:22.66	05:32.85	05:43.70
	S 3	03:23.93	03:51.15	04:16.16	04:21.38	04:29.64	04:38.43
	S 4	02:54.74	03:08.06	03:25.98	03:30.18	03:36.82	03:43.89
	S 5	02:38.61	02:48.85	03:13.43	03:17.37	03:23.81	03:30.25
	S 6	05:04.84	05:21.35	05:30.74	05:37.48	05:48.14	05:59.50
	S 7	04:38.95	04:56.24	05:05.90	05:12.14	05:22.00	05:32.50
	S 8	04:28.47	04:41.97	04:49.09	04:54.98	05:04.30	05:14.22
	S 9	04:13.54	04:24.75	04:27.11	04:32.56	04:41.16	04:50.33
	S 10				04:26.82	04:35.25	04:44.22
	S 11	04:34.89	04:54.56	05:08.35	05:14.84	05:24.57	05:35.16
	S 12				04:42.84	04:51.77	05:01.29
	S 13	04:02.28	04:29.03	04:42.42	04:48.18	04:57.28	05:06.97
50Ba	S 1	01:13.78	01:50.80	01:50.80	01:53.06	01:56.63	02:00.43
	S 2	00:57.31	01:03.28	01:13.90	01:15.40	01:17.78	01:20.32
	S 3	00:45.57	00:53.18	01:00.17	01:01.39	01:03.33	01:05.40
	S 4	00:42.57	00:46.58	00:49.99	00:51.01	00:52.62	00:54.33
	S 5	00:33.38	00:37.56	00:40.07	00:40.88	00:42.17	00:43.55
	S 1	02:32.08	03:45.98	03:45.98	03:50.59	03:57.87	04:05.63
	S 2	02:02.07	02:14.54	02:33.57	02:36.70	02:41.65	02:46.92
	S 6	01:15.74	01:19.41	01:21.74	01:23.40	01:26.04	01:28.84
	S 7	01:10.08	01:13.80	01:17.10	01:18.67	01:21.15	01:23.80
	S 8	01:07.09	01:09.30	01:14.81	01:16.33	01:18.74	01:21.31
	S 9	01:01.96	01:05.48	01:07.04	01:08.40	01:10.56	01:12.86
	S 10	01:00.40	01:03.64	01:05.41	01:06.74	01:08.85	01:11.09
	S 11	01:09.36	01:11.31	01:15.37	01:16.90	01:19.33	01:21.92
S 12	01:01.27	01:04.32	01:08.40	01:09.79	01:12.00	01:14.34	
S 13	00:59.86	01:01.63	01:03.75	01:05.05	01:07.10	01:09.29	
50Br	SB 1	02:02.07	01:32.95	01:42.89	01:44.98	01:48.30	01:51.83
	SB 2	00:49.32	00:54.48	00:57.37	00:58.54	01:00.38	01:02.35
	SB 4	01:40.20	01:48.37	01:57.55	01:59.94	02:03.73	02:07.77
	SB 5	01:29.01	01:37.73	01:43.06	01:45.16	01:48.48	01:52.02
	SB 6	01:21.10	01:23.76	01:25.58	01:27.32	01:30.08	01:33.02
	SB 7				01:34.61	01:37.60	01:40.78
	SB 8	01:09.91	01:11.55	01:16.28	01:17.83	01:20.29	01:22.91
	SB 9	01:08.06	01:11.38	01:14.84	01:16.36	01:18.77	01:21.34
	SB 11	01:12.62	01:20.47	01:24.87	01:26.60	01:29.33	01:32.25
	SB 12				01:23.00	01:25.62	01:28.41
	SB 13	01:04.97	01:10.62	01:12.14	01:13.61	01:15.93	01:18.41
	S 3				01:12.63	01:14.92	01:17.36
	S 4				00:47.31	00:48.81	00:50.40
S 5	00:31.87	00:36.41	00:38.15	00:38.92	00:40.15	00:41.46	
S 6	00:31.54	00:32.96	00:33.89	00:34.58	00:35.67	00:36.83	
S 7	00:29.34	00:30.57	00:32.44	00:33.10	00:34.14	00:35.26	
S 8	01:03.20	01:04.55	01:05.77	01:07.11	01:09.23	01:11.48	
S 9	01:00.54	01:01.79	01:02.47	01:03.74	01:05.75	01:07.90	
S 10	00:57.66	00:59.06	01:01.00	01:02.24	01:04.21	01:06.30	
S 11	01:04.77	01:08.73	01:11.11	01:12.56	01:14.85	01:17.29	
S 12	00:57.81	00:59.01	01:02.02	01:03.28	01:05.28	01:07.41	
S 13	00:57.00	00:58.53	01:02.34	01:03.61	01:05.62	01:07.76	
150IM	SM 3	02:59.91	03:17.44	04:05.40	04:10.40	04:18.31	04:26.73
	SM 4	02:38.76	02:47.74	02:52.35	02:55.86	03:01.42	03:07.33
	SM 5				04:02.51	04:10.16	04:18.32
	SM 6	02:41.29	02:49.50	02:56.42	03:00.02	03:05.70	03:11.76
	SM 7	02:31.58	02:35.99	02:46.13	02:49.52	02:54.87	03:00.57
	SM 8	02:21.53	02:29.02	02:31.72	02:34.81	02:39.70	02:44.91
	SM 9	02:16.04	02:23.73	02:25.11	02:28.07	02:32.74	02:37.72
	SM 10	02:11.39	02:18.97	02:25.99	02:28.96	02:33.67	02:38.68
	SM 11	02:27.97	02:34.62	02:45.93	02:49.31	02:54.66	03:00.35
	SM 12				02:26.81	02:31.45	02:36.39
	SM 13	02:10.79	02:14.38	02:20.55	02:23.41	02:27.84	02:32.77

女子-WOMEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:28.48	01:31.28	01:34.26
	S 2				01:29.06	01:31.87	01:34.86
	S 3				00:40.85	00:43.75	00:46.03
	S 4	00:40.85	00:43.75	00:48.03	00:49.01	00:50.55	00:52.20
	S 5	00:31.35	00:33.30	00:35.65	00:36.37	00:37.52	00:38.75
	S 6				00:32.86	00:33.90	00:35.01
	S 7	00:27.99	00:28.49	00:29.67	00:30.27	00:31.23	00:32.25
	S 8				00:29.03	00:29.94	00:30.92
	S 9	00:25.19	00:25.96	00:26.28	00:26.81	00:27.66	00:28.56
	S 10	00:23.50	00:25.00	00:25.57	00:26.09	00:26.91	00:27.79
	S 11	00:26.18	00:27.96	00:28.27	00:28.84	00:29.75	00:30.72
	S 12				00:26.48	00:27.32	00:28.21
	S 13	00:24.13	00:24.54	00:25.03	00:25.54	00:26.34	00:27.20
100Fr	S 1				03:09.77	03:15.76	03:22.15
	S 2				02:53.05	02:58.51	03:04.33
	S 3	01:49.63	02:22.60	02:49.59	02:47.72	02:08.66	02:12.85
	S 4				01:26.52	01:34.24	01:36.16
	S 5	01:21.69	01:26.52	01:34.24	01:36.16	01:39.20	01:42.43
	S 6				01:23.55	01:26.18	01:29.00
	S 7	01:11.37	01:14.55	01:16.64	01:18.20	01:20.67	01:23.30
	S 8				01:14.50	01:16.85	01:19.35
	S 9	01:03.39	01:03.87	01:04.86	01:06.18	01:08.27	01:10.50
	S 10	01:00.68	01:02.31	01:04.08	01:05.38	01:07.45	01:09.65
	S 11	01:06.56	01:11.13	01:14.71	01:16.23	01:18.84	01:21.20
	S 12	01:00.25	01:02.59	01:07.78	01:09.16	01:11.34	01:13.67
	S 13				01:05.32	01:07.38	01:09.58
200Fr	S 1				05:38.28	05:48.84	06:00.32
	S 2				05:40.79	05:51.55	06:03.02
	S 3				05:44.96	05:55.86	06:07.46
	S 4				05:46.65	05:57.45	06:08.44
	S 5	02:46.65	03:15.75	03:27.41	03:31.64	03:38.22	03:45.44
	S 6	05:12.87	05:33.49	05:56.24	06:03.51	06:14.98	06:27.21
	S 7	05:11.89	05:37.07	05:59.03	06:05.94	06:18.07	06:30.51
	S 8	04:54.62	05:19.09	05:27.49	05:34.17	05:44.72	05:55.96
	S 9	04:39.32	04:53.24	04:56.92	05:02.97	05:12.54	05:22.73
	S 10	04:31.79	04:48.54	05:00.80	05:06.93	05:16.63	05:26.95
	S 11	05:07.56	05:40.24	05:47.25	05:54.33	06:05.52	06:17.44
	S 12				05:13.85	05:23.76	05:34.32
	S 13	04:35.87	04:49.96	05:00.02	05:06.14	05:15.81	05:26.10
50Ba	S 1	01:10.19	01:32.98	01:32.98	01:34.87	01:37.87	01:41.06
	S 2	00:55.11	01:07.66	01:14.07	01:15.58	01:17.96	01:20.51
	S 3	00:48.36	00:54.79	00:58.56	00:59.75	01:01.64	01:03.65
	S 4	00:43.28	00:48.40				

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満16歳の選手用】

男子 -MEN-			強化			育成		
種目	クラス	S	A	B	S	A	B	
50Fr	S 1				01:40.13	01:44.48	01:49.23	
	S 2				01:20.23	01:23.72	01:27.53	
	S 3	00:45.95	00:50.09	00:56.94	00:59.31	01:01.89	01:04.70	
	S 4	00:37.58	00:40.40	00:41.61	00:43.34	00:45.22	00:47.28	
	S 5	00:31.35	00:33.30	00:35.65	00:37.13	00:38.75	00:40.51	
	S 6				00:33.55	00:35.01	00:36.80	
	S 7	00:27.99	00:28.49	00:29.67	00:30.90	00:32.25	00:33.71	
	S 8				00:29.63	00:30.92	00:32.32	
	S 9	00:25.19	00:25.96	00:26.28	00:27.37	00:28.56	00:29.86	
	S 10	00:23.50	00:25.00	00:25.57	00:26.63	00:27.79	00:29.05	
	S 11	00:26.18	00:27.96	00:28.27	00:29.44	00:30.72	00:32.12	
	S 12				00:27.04	00:28.21	00:29.50	
	S 13	00:24.13	00:24.54	00:25.03	00:26.07	00:27.20	00:28.44	
100Fr	S 1				03:28.45	03:37.52	03:47.40	
	S 2				02:56.96	03:04.66	03:13.05	
	S 3				02:43.57	02:50.68	02:58.44	
	S 4	01:22.93	01:28.46	01:35.68	01:39.66	01:44.00	01:48.72	
	S 5	01:10.80	01:15.12	01:19.81	01:23.13	01:26.75	01:30.69	
	S 6	01:05.45	01:07.60	01:10.89	01:13.84	01:17.05	01:20.55	
	S 7				01:12.36	01:15.51	01:18.94	
	S 8	00:58.52	01:00.03	01:01.21	01:03.76	01:06.53	01:09.55	
	S 9				00:59.91	01:02.52	01:05.38	
	S 10	00:51.45	00:54.72	00:56.01	00:58.34	01:00.88	01:03.64	
	S 11				01:06.81	01:09.51	01:12.87	
	S 12	00:52.87	00:55.09	00:57.33	00:59.71	01:02.31	01:05.14	
	S 13				00:58.44	01:00.98	01:03.76	
200Fr	S 1				06:42.41	06:59.91	07:19.00	
	S 2	04:14.17	04:42.43	05:16.21	05:29.38	05:43.70	05:59.32	
	S 3	03:23.93	03:51.15	04:16.16	04:28.93	04:38.43	04:51.09	
	S 4	02:54.74	03:08.06	03:25.98	03:34.56	03:43.89	03:54.06	
	S 5	02:38.61	02:48.85	03:13.43	03:21.48	03:30.25	03:39.80	
	S 6	05:04.84	05:21.35	05:30.74	05:44.52	05:59.50	06:15.84	
	S 7	04:38.95	04:56.24	05:05.90	05:18.84	05:32.50	05:47.61	
	S 8	04:28.47	04:41.97	04:49.09	05:01.13	05:14.22	05:28.51	
	S 9	04:13.54	04:24.75	04:27.11	04:38.23	04:50.33	05:03.53	
	S 10				04:32.38	04:44.22	04:57.14	
	S 11	04:34.89	04:54.56	05:08.35	05:21.19	05:35.16	05:50.39	
	S 12				04:48.73	05:01.29	05:14.98	
	S 13	04:02.28	04:29.03	04:42.42	04:54.18	05:06.97	05:20.93	
50Ba	S 1	01:13.78	01:50.80	01:50.80	01:55.41	02:00.43	02:05.90	
	S 2	00:57.31	01:03.28	01:13.90	01:16.97	01:20.32	01:23.97	
	S 3	00:45.57	00:53.18	01:00.17	01:02.67	01:05.40	01:08.37	
	S 4	00:42.57	00:46.58	00:49.99	00:52.07	00:54.33	00:56.80	
	S 5	00:33.38	00:37.56	00:40.07	00:41.73	00:43.55	00:45.53	
	S 6	02:32.08	03:45.98	03:45.98	03:55.39	04:05.63	04:16.79	
	S 7	02:02.07	02:14.54	02:33.57	02:39.96	02:46.92	02:54.51	
	S 8	01:15.74	01:19.41	01:21.74	01:25.14	01:28.84	01:32.88	
	S 9	01:10.08	01:13.80	01:17.10	01:20.31	01:23.80	01:27.61	
	S 10	01:07.09	01:09.30	01:14.81	01:17.92	01:21.31	01:25.01	
	S 11	01:01.96	01:05.48	01:07.04	01:09.83	01:12.86	01:16.18	
	S 12	01:00.40	01:03.64	01:05.41	01:08.13	01:11.09	01:14.32	
	S 13	01:09.36	01:11.31	01:15.37	01:18.51	01:21.92	01:25.64	
100Ba	S 1	01:01.27	01:04.32	01:08.40	01:11.25	01:14.34	01:17.22	
	S 2	00:59.86	01:01.63	01:03.75	01:06.40	01:09.29	01:12.44	
	S 3				02:19.44	02:25.51	02:32.12	
	S 4	01:02.07	01:32.95	01:42.89	01:47.17	01:51.83	01:56.92	
	S 5	00:49.32	00:54.48	00:57.37	00:59.76	01:02.35	01:05.19	
	S 6	01:40.20	01:48.37	01:57.55	02:02.44	02:07.77	02:13.57	
	S 7	01:29.01	01:37.73	01:43.06	01:47.35	01:52.02	01:57.11	
	S 8	01:21.10	01:23.76	01:25.58	01:29.14	01:33.02	01:37.25	
	S 9				01:36.58	01:40.78	01:45.36	
	S 10	01:09.91	01:11.55	01:16.28	01:19.45	01:22.91	01:26.68	
	S 11	01:08.06	01:11.38	01:14.84	01:17.95	01:21.34	01:25.04	
	S 12	01:12.62	01:20.47	01:24.87	01:28.40	01:32.25	01:36.44	
	S 13	01:04.97	01:10.62	01:12.14	01:15.14	01:18.41	01:21.97	
50Br	S 1				01:14.14	01:17.36	01:20.88	
	S 2				00:48.30	00:50.40	00:52.69	
	S 3	00:31.87	00:36.41	00:38.15	00:39.73	00:41.46	00:43.35	
	S 4	00:31.54	00:32.96	00:33.89	00:35.30	00:36.83	00:38.51	
	S 5	00:29.34	00:30.57	00:32.44	00:33.79	00:35.26	00:36.86	
	S 6	01:03.20	01:04.55	01:05.77	01:08.51	01:11.48	01:14.73	
	S 7	01:00.54	01:01.79	01:02.47	01:05.07	01:07.90	01:10.98	
	S 8	00:57.66	00:59.06	01:01.00	01:03.54	01:06.30	01:09.31	
	S 9	01:04.77	01:08.73	01:11.11	01:14.07	01:17.29	01:20.80	
	S 10	00:57.81	00:59.01	01:02.02	01:04.60	01:07.41	01:10.47	
	S 11	00:57.00	00:58.53	01:02.34	01:04.93	01:07.76	01:10.84	
	S 12				04:07.56	04:18.32	04:30.06	
	S 13	02:41.29	02:49.50	02:56.42	03:03.77	03:11.76	03:20.47	
100Br	SM 3	02:59.91	03:17.44	04:05.40	04:15.62	04:26.73	04:38.86	
	SM 4	02:38.76	02:47.74	02:52.35	02:59.53	03:07.33	03:15.85	
	SM 5				04:07.56	04:18.32	04:30.06	
	SM 6	02:41.29	02:49.50	02:56.42	03:03.77	03:11.76	03:20.47	
	SM 7	02:31.58	02:35.99	02:46.13	02:53.05	03:00.57	03:08.78	
	SM 8	02:21.53	02:29.02	02:31.72	02:38.04	02:44.91	02:52.40	
	SM 9	02:16.04	02:23.73	02:25.11	02:31.15	02:37.72	02:44.89	
	SM 10	02:11.39	02:18.97	02:25.99	02:32.07	02:38.68	02:45.89	
	SM 11	02:27.97	02:34.62	02:45.93	02:52.84	03:00.35	03:08.55	
	SM 12				02:29.87	02:36.39	02:43.50	
	SM 13	02:10.79	02:14.38	02:20.55	02:26.40	02:32.77	02:39.71	

女子 -WOMEN-			強化			育成		
種目	クラス	S	A	B	S	A	B	
50Fr	S 1				01:30.33	01:34.26	01:38.54	
	S 2				01:30.91	01:34.86	01:39.18	
	S 3				00:50.03	00:52.20	00:54.57	
	S 4	00:40.85	00:43.75	00:48.03	00:50.03	00:52.20	00:54.57	
	S 5				00:46.58	00:48.60	00:50.81	
	S 6	00:33.40	00:35.29	00:36.01	00:37.51	00:39.14	00:40.92	
	S 7				00:38.33	00:40.00	00:41.81	
	S 8	00:31.16	00:31.77	00:33.31	00:34.69	00:36.20	00:37.85	
	S 9				00:32.35	00:33.76	00:35.29	
	S 10	00:27.74	00:28.85	00:29.49	00:30.71	00:32.05	00:33.51	
	S 11	00:29.79	00:30.91	00:34.06	00:35.47	00:37.02	00:38.70	
	S 12				00:31.78	00:33.16	00:34.67	
	S 13	00:27.07	00:28.44	00:28.76	00:29.95	00:31.26	00:32.68	
100Fr	S 1				03:13.72	03:22.15	03:31.34	
	S 2				02:56.65	03:04.33	03:12.71	
	S 3	01:49.63	02:22.60	02:49.59	02:07.32	02:12.85	02:18.89	
	S 4				01:38.16	01:42.43	01:47.09	
	S 5	01:21.69	01:26.52	01:34.24	01:25.29	01:29.00	01:33.04	
	S 6				01:19.83	01:23.30	01:27.09	
	S 7	01:11.37	01:14.55	01:16.64	01:16.05	01:19.35	01:22.96	
	S 8				01:07.56	01:10.50	01:13.70	
	S 9	01:03.39	01:03.87	01:04.86	01:06.75	01:09.65	01:12.81	
	S 10	01:00.68	01:02.31	01:04.08	01:06.75	01:09.65	01:12.81	
	S 11	01:06.56	01:11.13	01:14.71	01:17.82	01:21.20	01:24.89	
	S 12	01:00.25	01:02.59	01:07.78	01:10.60	01:13.67	01:17.02	
	S 13				01:06.68	01:09.58	01:12.75	
200Fr	S 1				05:45.31	06:00.32	06:16.70	
	S 2				05:47.89	06:03.02	06:19.52	
	S 3				05:52.15	06:07.46	06:24.17	
	S 4				05:52.15	06:07.46	06:24.17	
	S 5	02:46.65	03:15.75	03:27.41	03:38.05	03:45.44	03:55.69	
	S 6	05:12.87	05:33.49	05:56.24	06:11.08	06:27.21	06:44.81	
	S 7	05:11.89	05:37.07	05:59.03	05:53.15	06:09.51	06:25.26	
	S 8	04:54.62	05:19.09	05:27.49	05:41.13	05:55.86	06:12.14	
	S 9	04:39.32	04:53.24	04:56.92	05:09.29	05:22.73	05:37.40	
	S 10	04:31.79	04:48.54	05:00.80	05:13.33	05:26.95	05:41.81	
	S 11	05:07.56	05:40.24	05:47.25	06:01.71	06:17.44	06:34.60	
	S 12				05:20.39	05:34.32	05:49.52	
	S 13	04:35.87	04:49.96	05:00.02	05:12.52	05:26.10	05:40.93	
50Ba	S 1				01:36.85	01:41.06	01:45.65	
	S 2	01:10.19	01:32.98	01:32.98	01:17.15	01:20.51	01:24.17	
	S 3	00:5						

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満15歳の選手用】

男子 -MEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:42.26	01:49.23	01:57.23
	S 2				01:21.94	01:27.53	01:33.93
	S 3	00:45.95	00:50.09	00:56.94	01:00.57	01:04.70	01:09.43
	S 4	00:37.58	00:40.40	00:41.61	00:44.26	00:47.28	00:50.74
	S 5	00:31.35	00:33.30	00:35.65	00:37.92	00:40.51	00:43.47
	S 6				00:34.26	00:36.60	00:39.28
	S 7	00:27.99	00:28.49	00:29.67	00:31.56	00:33.71	00:36.18
	S 8				00:30.26	00:32.32	00:34.69
	S 9	00:25.19	00:25.96	00:26.28	00:27.95	00:29.86	00:32.04
	S 10	00:23.50	00:25.00	00:25.57	00:27.20	00:29.05	00:31.18
	S 11	00:26.18	00:27.96	00:28.27	00:30.07	00:32.12	00:34.47
	S 12				00:27.61	00:29.50	00:31.65
	S 13	00:24.13	00:24.54	00:25.03	00:26.62	00:28.44	00:30.52
100Fr	S 1				03:32.89	03:47.40	04:04.04
	S 2				03:00.73	03:13.05	03:27.18
	S 3				02:47.05	02:58.44	03:11.50
	S 4	01:22.93	01:28.46	01:35.68	01:41.78	01:48.72	01:56.68
	S 5	01:10.80	01:15.12	01:19.81	01:24.90	01:30.69	01:37.32
	S 6	01:05.45	01:07.60	01:10.89	01:15.41	01:20.55	01:26.45
	S 7				01:13.90	01:18.94	01:24.71
	S 8	00:58.52	01:00.03	01:01.21	01:05.11	01:09.55	01:14.84
	S 9				01:01.19	01:05.36	01:10.14
	S 10	00:51.45	00:54.72	00:56.01	00:59.58	01:03.64	01:08.30
	S 11				01:08.03	01:12.87	01:17.88
	S 12	00:52.87	00:55.09	00:57.33	01:00.98	01:05.14	01:09.91
	S 13				00:59.69	01:03.76	01:08.42
200Fr	S 1				06:50.97	07:19.00	07:51.12
	S 2	04:14.17	04:42.43	05:16.21	05:38.39	05:59.32	06:25.62
	S 3	03:23.93	03:51.15	04:16.16	04:32.51	04:51.09	05:12.39
	S 4	02:54.74	03:08.06	03:25.98	03:39.12	03:54.06	04:11.19
	S 5	02:38.61	02:48.85	03:13.43	03:25.77	03:39.80	03:55.89
	S 6	05:04.84	05:21.35	05:30.74	05:51.85	06:15.84	06:43.34
	S 7	04:38.95	04:56.24	05:05.90	05:25.42	05:47.81	06:13.04
	S 8	04:28.47	04:41.97	04:49.09	05:07.54	05:28.51	05:52.54
	S 9	04:13.54	04:24.75	04:27.11	04:44.15	05:03.53	05:25.74
	S 10				04:38.18	04:57.14	05:18.89
	S 11	04:34.89	04:54.56	05:08.35	05:28.03	05:50.39	06:16.03
	S 12				04:54.88	05:14.98	05:38.03
	S 13	04:02.28	04:29.03	04:42.42	05:00.44	05:20.93	05:44.41
400Fr	S 1	01:13.78	01:50.80	01:50.80	01:57.87	02:05.90	02:15.12
	S 2	00:57.31	01:03.28	01:13.90	01:18.61	01:23.97	01:30.12
	S 3	00:45.57	00:53.18	01:00.17	01:04.01	01:08.37	01:13.37
	S 4	00:42.57	00:46.58	00:49.99	00:53.18	00:56.80	01:00.96
	S 5	00:33.38	00:37.56	00:40.07	00:42.62	00:45.53	00:48.86
	S 6	02:32.08	03:45.98	03:45.98	04:00.40	04:16.79	04:35.58
	S 7	02:02.07	02:14.54	02:33.57	02:43.37	02:54.51	03:07.28
	S 8	01:15.74	01:19.41	01:21.74	01:26.95	01:32.88	01:39.68
	S 9	01:10.08	01:13.80	01:17.10	01:22.02	01:27.61	01:34.02
	S 10	01:07.09	01:09.30	01:14.81	01:19.58	01:25.01	01:31.23
	S 11	01:01.96	01:05.48	01:07.04	01:11.31	01:16.18	01:21.75
	S 12	01:00.40	01:03.64	01:05.41	01:09.58	01:14.32	01:19.76
	S 13	01:09.36	01:11.31	01:15.37	01:20.18	01:25.64	01:31.91
50Ba	S 1	01:01.27	01:04.32	01:08.40	01:12.76	01:17.72	01:23.41
	S 2	00:59.86	01:01.63	01:03.75	01:07.81	01:12.44	01:17.74
	S 3				02:22.41	02:32.12	02:43.25
	S 4	01:02.07	01:32.95	01:42.89	01:49.45	01:56.92	02:05.47
	S 5	00:49.32	00:54.48	00:57.37	01:01.03	01:05.19	01:09.96
	S 6	01:40.20	01:48.37	01:57.55	02:05.05	02:13.57	02:23.35
	S 7	01:29.01	01:37.73	01:43.06	01:49.63	01:57.11	02:05.68
	S 8	01:21.10	01:23.76	01:25.58	01:31.04	01:37.25	01:44.36
	S 9				01:38.63	01:45.36	01:53.07
	S 10	01:09.91	01:11.55	01:16.28	01:21.14	01:26.68	01:33.02
	S 11	01:08.06	01:11.38	01:14.84	01:19.61	01:25.04	01:31.26
	S 12	01:12.62	01:20.47	01:24.87	01:30.28	01:36.44	01:43.50
	S 13	01:04.97	01:10.62	01:12.14	01:16.74	01:21.97	01:27.97
100Ba	S 1				01:15.72	01:20.88	01:26.80
	S 2				00:49.32	00:52.69	00:56.54
	S 3	00:31.87	00:36.41	00:38.15	00:40.58	00:43.35	00:46.52
	S 4	00:31.54	00:32.96	00:33.89	00:36.05	00:38.51	00:41.32
	S 5	00:29.34	00:30.57	00:32.44	00:34.51	00:36.86	00:39.56
	S 6	01:03.20	01:04.55	01:05.77	01:09.96	01:14.73	01:20.20
	S 7	01:00.54	01:01.79	01:02.47	01:06.45	01:10.98	01:16.18
	S 8	00:57.66	00:59.06	01:01.00	01:04.89	01:09.31	01:14.39
	S 9	01:04.77	01:08.73	01:11.11	01:15.84	01:20.80	01:26.71
	S 10	00:57.81	00:59.01	01:02.02	01:05.97	01:10.47	01:15.63
	S 11	00:57.00	00:58.53	01:02.34	01:06.31	01:10.84	01:16.02
	S 12				04:12.82	04:30.06	04:49.82
	S 13	02:41.29	02:49.50	02:56.42	03:07.68	03:20.47	03:35.14
150IM	SM 3	02:59.91	03:17.44	04:05.40	04:21.06	04:38.86	04:59.26
	SM 4	02:38.76	02:47.74	02:52.35	03:03.35	03:15.85	03:30.18
	SM 5				04:12.82	04:30.06	04:49.82
	SM 6	02:41.29	02:49.50	02:56.42	03:07.68	03:20.47	03:35.14
	SM 7	02:31.58	02:35.99	02:46.13	02:56.73	03:08.78	03:22.59
	SM 8	02:21.53	02:29.02	02:31.72	02:41.40	02:52.40	03:05.02
	SM 9	02:16.04	02:23.73	02:25.11	02:34.37	02:44.89	02:56.96
	SM 10	02:11.39	02:18.97	02:25.99	02:35.30	02:45.89	02:58.03
	SM 11	02:27.97	02:34.62	02:45.93	02:56.52	03:08.55	03:22.35
	SM 12				02:33.06	02:43.50	02:55.46
	SM 13	02:10.79	02:14.38	02:20.55	02:29.52	02:39.71	02:51.40

女子 -WOMEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:32.25	01:38.54	01:45.75
	S 2				01:32.85	01:39.18	01:46.43
	S 3				01:32.85	01:39.18	01:46.43
	S 4	00:40.85	00:43.75	00:48.03	00:51.09	00:54.57	00:58.57
	S 5				00:47.57	00:50.81	00:54.53
	S 6	00:33.40	00:35.29	00:36.01	00:38.30	00:40.92	00:43.91
	S 7				00:39.14	00:41.81	00:44.87
	S 8	00:31.16	00:31.77	00:33.31	00:35.43	00:37.85	00:40.62
	S 9				00:33.04	00:35.29	00:37.87
	S 10	00:27.74	00:28.85	00:29.49	00:31.37	00:33.51	00:35.96
	S 11	00:29.79	00:30.91	00:34.06	00:36.23	00:38.70	00:41.53
	S 12				00:32.45	00:34.67	00:37.20
	S 13	00:27.07	00:28.44	00:28.76	00:30.59	00:32.68	00:35.07
100Fr	S 1				03:17.85	03:31.34	03:46.80
	S 2				03:00.41	03:12.71	03:26.81
	S 3	01:49.63	02:22.60	02:49.59	02:10.03	02:18.89	02:29.06
	S 4				01:40.25	01:47.09	01:54.92
	S 5	01:21.69	01:26.52	01:34.24	01:27.10	01:33.04	01:39.85
	S 6				01:27.10	01:33.04	01:39.85
	S 7	01:11.37	01:14.55	01:16.64	01:21.53	01:27.09	01:33.46
	S 8				01:17.67	01:22.96	01:29.03
	S 9	01:03.39	01:03.87	01:04.86	01:09.00	01:13.70	01:19.09
	S 10	01:00.68	01:02.31	01:04.08	01:08.17	01:12.81	01:18.14
	S 11	01:06.56	01:11.13	01:14.71	01:19.47	01:24.89	01:31.10
	S 12	01:00.25	01:02.59	01:07.78	01:12.10	01:17.02	01:22.85
	S 13				01:08.10	01:12.75	01:18.07
200Fr	S 1				05:52.65	06:16.70	06:44.28
	S 2				05:55.28	06:19.52	06:47.28
	S 3				05:59.64	06:24.17	06:52.28
	S 4				05:59.64	06:24.17	06:52.28
	S 5	02:46.65	03:15.75	03:27.41	03:40.64	03:55.69	04:12.93
	S 6	05:12.87	05:33.49	05:56.24	06:18.97	06:44.81	07:14.43
	S 7	05:11.89	05:37.07	05:59.03	06:00.67	06:25.26	06:53.45
	S 8	04:54.62	05:19.09	05:27.49	05:48.39	06:12.14	06:39.37
	S 9	04:39.32	04:53.24	04:56.92	05:15.87	05:37.40	06:02.09
	S 10	04:31.79	04:48.54	05:00.80	05:20.00	05:41.81	06:06.82
	S 11	05:07.56	05:40.24	05:47.25	06:09.41	06:34.60	07:03.47
	S 12				05:27.21	05:49.52	06:15.09
	S 13	04:35.87	04:49.96	05:00.02	05:19.17	05:40.93	06:05.87
400Fr	S 1				01:10.19	01:32.98	01:38.91
	S 2	00:55.11	01:07.66	01:14.07	01:18.79	01:24.17	01:30.32
	S 3						

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満14歳の選手用】

男子-MEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:44.48	01:54.44	02:06.48
	S 2				01:23.72	01:31.70	01:41.35
	S 3	00:45.95	00:50.09	00:56.94	01:01.89	01:07.78	01:14.92
	S 4	00:37.58	00:40.40	00:41.61	00:45.22	00:49.53	00:54.75
	S 5	00:31.35	00:33.30	00:35.65	00:38.75	00:42.44	00:46.90
	S 6				00:35.01	00:38.34	00:42.38
	S 7	00:27.99	00:28.49	00:29.67	00:32.25	00:35.32	00:39.03
	S 8				00:30.92	00:33.86	00:37.43
	S 9	00:25.19	00:25.96	00:26.28	00:28.56	00:31.28	00:34.57
	S 10	00:23.50	00:25.00	00:25.57	00:27.79	00:30.44	00:33.64
	S 11	00:26.18	00:27.96	00:28.27	00:30.72	00:33.65	00:37.19
	S 12				00:28.21	00:30.90	00:34.15
	S 13	00:24.13	00:24.54	00:25.03	00:27.20	00:29.79	00:32.93
100Fr	S 1				03:37.52	03:58.23	04:23.31
	S 2				03:04.66	03:22.25	03:43.53
	S 3				02:50.68	03:06.94	03:26.61
	S 4	01:22.93	01:28.46	01:35.68	01:44.00	01:53.90	02:05.89
	S 5	01:10.80	01:15.12	01:19.81	01:26.75	01:35.01	01:45.01
	S 6	01:05.45	01:07.60	01:10.89	01:17.05	01:24.39	01:33.27
	S 7				01:15.51	01:22.70	01:31.40
	S 8	00:58.52	01:00.03	01:01.21	01:06.53	01:12.86	01:20.53
	S 9				01:02.52	01:08.47	01:15.88
	S 10	00:51.45	00:54.72	00:56.01	01:00.88	01:06.67	01:13.69
	S 11				01:09.51	01:16.13	01:24.14
	S 12	00:52.87	00:55.09	00:57.33	01:02.31	01:08.25	01:15.43
	S 13				01:00.98	01:06.79	01:13.82
200Fr	S 1				06:59.91	07:39.00	08:28.51
	S 2	04:14.17	04:42.43	05:16.21	05:43.70	06:16.44	06:56.06
	S 3	03:23.93	03:51.15	04:16.16	04:38.43	05:04.95	05:37.05
	S 4	02:54.74	03:08.06	03:25.98	03:43.89	04:05.21	04:31.02
	S 5	02:38.61	02:48.85	03:13.43	03:30.25	03:50.27	04:14.51
	S 6	05:04.84	05:21.35	05:30.74	05:59.50	06:33.73	07:15.18
	S 7	04:38.95	04:56.24	05:05.90	05:32.50	06:04.16	06:42.50
	S 8	04:28.47	04:41.97	04:49.09	05:14.22	05:44.15	06:20.38
	S 9	04:13.54	04:24.75	04:27.11	04:50.33	05:17.98	05:51.46
	S 10				04:44.22	05:11.29	05:44.06
	S 11	04:34.89	04:54.56	05:08.35	05:35.16	06:07.08	06:45.72
	S 12				05:01.29	05:29.98	06:04.72
	S 13	04:02.28	04:29.03	04:42.42	05:06.97	05:36.21	06:11.60
50Ba	S 1	01:13.78	01:50.80	01:50.80	02:00.43	02:11.90	02:25.78
	S 2	00:57.31	01:03.28	01:13.90	01:20.32	01:27.97	01:37.23
	S 3	00:45.57	00:53.18	01:00.17	01:05.40	01:11.63	01:19.17
	S 4	00:42.57	00:46.58	00:49.99	00:54.33	00:59.51	01:05.77
	S 5	00:33.38	00:37.56	00:40.07	00:43.55	00:47.70	00:52.72
	S 6	02:32.08	03:45.98	03:45.98	04:05.63	04:29.02	04:57.34
	S 7	02:02.07	02:14.54	02:33.57	02:46.92	03:02.82	03:22.06
	S 8	01:15.74	01:19.41	01:21.74	01:28.84	01:37.30	01:47.55
	S 9	01:10.08	01:13.80	01:17.10	01:23.80	01:31.78	01:41.44
	S 10	01:07.09	01:09.30	01:14.81	01:21.31	01:29.05	01:38.43
	S 11	01:01.96	01:05.48	01:07.04	01:12.86	01:19.80	01:28.21
	S 12	01:00.40	01:03.64	01:05.41	01:11.09	01:17.86	01:26.06
	S 13	01:09.36	01:11.31	01:15.37	01:21.92	01:29.72	01:39.17
100Ba	S 1	01:01.27	01:04.32	01:08.40	01:14.34	01:21.42	01:30.00
	S 2	00:59.86	01:01.63	01:03.75	01:09.29	01:15.89	01:23.88
	S 3				02:25.51	02:39.36	02:56.14
	S 4	01:02.07	01:32.95	01:42.89	01:51.83	02:02.48	02:15.38
	S 5	00:49.32	00:54.48	00:57.37	01:02.35	01:08.29	01:15.48
	S 6	01:40.20	01:48.37	01:57.55	02:07.77	02:19.94	02:34.67
	S 7	01:29.01	01:37.73	01:43.06	01:52.02	02:02.69	02:15.60
	S 8	01:21.10	01:23.76	01:25.58	01:33.02	01:41.88	01:52.60
	S 9				01:40.78	01:50.38	02:02.00
	S 10	01:09.91	01:11.55	01:16.28	01:22.91	01:30.80	01:40.36
	S 11	01:08.06	01:11.38	01:14.84	01:21.34	01:29.09	01:38.47
	S 12	01:12.62	01:20.47	01:24.87	01:32.25	01:41.03	01:51.67
	S 13	01:04.97	01:10.62	01:12.14	01:18.41	01:25.88	01:34.92
50Br	S 1				01:17.36	01:24.73	01:33.65
	S 2				00:50.40	00:55.20	01:01.01
	S 3	00:31.87	00:36.41	00:38.15	00:41.46	00:45.41	00:50.19
	S 4	00:31.54	00:32.96	00:33.89	00:36.83	00:40.34	00:44.59
	S 5	00:29.34	00:30.57	00:32.44	00:35.26	00:38.61	00:42.68
	S 6	01:03.20	01:04.55	01:05.77	01:11.48	01:18.29	01:26.53
	S 7	01:00.54	01:01.79	01:02.47	01:07.90	01:14.36	01:22.19
	S 8	00:57.66	00:59.06	01:01.00	01:06.30	01:12.61	01:20.26
	S 9	01:04.77	01:08.73	01:11.11	01:17.29	01:24.65	01:33.56
	S 10	00:57.81	00:59.01	01:02.02	01:07.41	01:13.83	01:21.60
	S 11	00:57.00	00:58.53	01:02.34	01:07.76	01:14.21	01:22.02
	S 12				04:26.73	04:52.14	05:22.89
	S 13	02:38.76	02:47.74	02:52.35	03:07.33	03:25.17	03:46.77
100Br	SM 3	02:59.91	03:17.44	04:05.40	04:26.73	04:52.14	05:22.89
	SM 4	02:38.76	02:47.74	02:52.35	03:07.33	03:25.17	03:46.77
	SM 5				04:18.32	04:42.92	05:12.71
	SM 6	02:41.29	02:49.50	02:56.42	03:11.76	03:30.02	03:52.13
	SM 7	02:31.58	02:35.99	02:46.13	03:00.57	03:17.77	03:38.59
	SM 8	02:21.53	02:29.02	02:31.72	02:44.91	03:00.61	03:19.63
	SM 9	02:16.04	02:23.73	02:25.11	02:37.72	02:52.75	03:10.93
	SM 10	02:11.39	02:18.97	02:25.99	02:38.68	02:53.79	03:12.09
	SM 11	02:27.97	02:34.62	02:45.93	03:00.35	03:17.53	03:38.32
	SM 12				02:36.39	02:51.28	03:09.31
	SM 13	02:10.79	02:14.38	02:20.55	02:32.77	02:47.32	03:04.93

女子-WOMEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1						
	S 2						
	S 3						
	S 4	00:40.85	00:43.75	00:48.03	00:52.20	00:57.17	01:03.19
	S 5				00:48.60	00:53.23	00:58.84
	S 6	00:33.40	00:35.29	00:36.01	00:39.14	00:42.86	00:47.38
	S 7				00:40.00	00:43.80	00:48.42
	S 8	00:31.16	00:31.77	00:33.31	00:36.20	00:39.65	00:43.82
	S 9				00:33.76	00:36.97	00:40.86
	S 10	00:27.74	00:28.85	00:29.49	00:32.05	00:35.10	00:38.80
	S 11	00:29.79	00:30.91	00:34.06	00:37.02	00:40.54	00:44.81
	S 12				00:33.16	00:36.32	00:40.14
	S 13	00:27.07	00:28.44	00:28.76	00:31.26	00:34.23	00:37.84
100Fr	S 1						
	S 2						
	S 3	01:49.63	02:22.60	02:49.59	03:04.33	03:21.89	03:43.14
	S 4				02:12.85	02:25.51	02:40.82
	S 5	01:21.69	01:26.52	01:34.24	01:42.43	01:52.19	02:04.00
	S 6				01:29.00	01:37.47	01:47.73
	S 7	01:11.37	01:14.55	01:16.64	01:23.30	01:31.23	01:40.84
	S 8				01:19.35	01:26.91	01:36.06
	S 9	01:03.39	01:03.87	01:04.86	01:10.50	01:17.21	01:25.34
	S 10	01:00.68	01:02.31	01:04.08	01:09.65	01:16.28	01:24.31
	S 11	01:06.56	01:11.13	01:14.71	01:21.20	01:28.94	01:38.30
	S 12	01:00.25	01:02.59	01:07.78	01:13.67	01:20.69	01:29.18
	S 13				01:09.58	01:16.21	01:24.23
200Fr	S 1						
	S 2						
	S 3						
	S 4						
	S 5	02:46.65	03:15.75	03:27.41	03:45.44	04:06.91	04:32.90
	S 6	05:12.87	05:33.49	05:56.24	06:27.21	07:04.09	07:48.73
	S 7	05:11.89	05:37.07	05:39.03	06:08.51	06:43.60	07:26.09
	S 8	04:54.62	05:19.09	05:27.49	05:55.98	06:29.88	07:10.90
	S 9	04:39.32	04:54.24	04:56.92	05:22.73	05:53.47	06:30.66
	S 10	04:31.79	04:48.54	05:00.80	05:26.95	05:58.09	06:35.78
	S 11	05:07.56	05:40.24	05:47.25	06:17.44	06:53.39	07:36.90
	S 12				05:34.32	06:06.16	06:44.71
	S 13	04:35.87	04:49.96	05:00.02	05:26.10	05:57.16	06:34.76
50Ba	S 1						
	S 2	01:10.19	01:32.98	01:32.98	01:41.06	01:50.69	02:02.34
	S 3	00:55.11	01:07.66	01:14.07	01:20.51	01:28.17	01:37.46
	S 4	00:48.36	00:54.79	00:58.56	01:03.65	01:09.71	01:17.05
	S 5	00:43.28	00:48.40	00:49.83	00:54.16	00:59.32	01:05.5

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満13歳の選手用】

男子 -MEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:46.81	01:57.23	02:09.90
	S 2				01:25.58	01:33.93	01:44.09
	S 3	00:45.95	00:50.09	00:56.94	01:03.26	01:09.43	01:16.94
	S 4	00:37.58	00:40.40	00:41.61	00:46.23	00:50.74	00:56.22
	S 5	00:31.35	00:33.30	00:35.65	00:39.61	00:43.47	00:48.17
	S 6				00:35.78	00:39.28	00:43.52
	S 7	00:27.99	00:28.49	00:29.67	00:32.96	00:36.18	00:40.09
	S 8				00:31.61	00:34.69	00:38.44
	S 9	00:25.19	00:25.96	00:26.28	00:29.20	00:32.04	00:35.51
	S 10	00:23.50	00:25.00	00:25.57	00:28.41	00:31.18	00:34.55
	S 11	00:26.18	00:27.96	00:28.27	00:31.41	00:34.47	00:38.20
	S 12				00:28.84	00:31.65	00:35.08
	S 13	00:24.13	00:24.54	00:25.03	00:27.81	00:30.52	00:33.82
100Fr	S 1				03:42.35	04:04.04	04:30.43
	S 2				03:08.76	03:27.18	03:49.58
	S 3				02:54.47	03:11.50	03:32.20
	S 4	01:22.93	01:28.46	01:35.68	01:46.31	01:56.68	02:09.29
	S 5	01:10.80	01:15.12	01:19.81	01:28.67	01:37.32	01:47.85
	S 6	01:05.45	01:07.60	01:10.89	01:18.76	01:26.45	01:35.79
	S 7				01:17.18	01:24.71	01:33.87
	S 8	00:58.52	01:00.03	01:01.21	01:08.01	01:14.64	01:22.71
	S 9				01:03.91	01:10.14	01:17.72
	S 10	00:51.45	00:54.72	00:56.01	01:02.23	01:08.30	01:15.68
	S 11				01:11.05	01:17.98	01:26.41
	S 12	00:52.87	00:55.09	00:57.33	01:03.70	01:09.91	01:17.47
	S 13				01:02.34	01:08.42	01:15.82
200Fr	S 1				07:09.24	07:51.12	08:42.05
	S 2	04:14.17	04:42.43	05:16.21	05:51.34	06:25.62	07:07.31
	S 3	03:23.93	03:51.15	04:16.16	04:44.62	05:12.39	05:46.16
	S 4	02:54.74	03:08.06	03:25.98	03:48.86	04:11.19	04:38.35
	S 5	02:38.61	02:48.85	03:13.43	03:34.92	03:55.89	04:21.39
	S 6	05:04.84	05:21.35	05:30.74	06:07.48	06:43.34	07:26.04
	S 7	04:38.95	04:56.24	05:05.90	05:39.98	06:13.04	06:53.37
	S 8	04:28.47	04:41.97	04:49.09	05:21.21	05:52.54	06:30.66
	S 9	04:13.54	04:24.75	04:27.11	04:56.78	05:25.74	06:00.95
	S 10				04:50.54	05:18.89	05:53.36
	S 11	04:34.89	04:54.56	05:08.35	05:42.61	06:16.03	06:56.68
	S 12				05:07.98	05:38.03	06:14.58
	S 13	04:02.28	04:29.03	04:42.42	05:13.80	05:44.41	06:21.64
50Ba	S 1	01:13.78	01:50.80	01:50.80	02:03.11	02:15.12	02:29.72
	S 2	00:57.31	01:03.28	01:13.90	01:22.11	01:30.12	01:39.86
	S 3	00:45.57	00:53.18	01:00.17	01:06.85	01:13.37	01:21.31
	S 4	00:42.57	00:46.58	00:49.99	00:55.54	01:00.96	01:07.55
	S 5	00:33.38	00:37.56	00:40.07	00:44.52	00:48.86	00:54.14
	S 6	02:32.08	03:45.98	03:45.98	04:11.08	04:35.58	05:05.37
	S 7	02:02.07	02:14.54	02:33.57	02:50.63	03:07.28	03:27.52
	S 8	01:15.74	01:19.41	01:21.74	01:30.82	01:39.68	01:50.45
	S 9	01:10.08	01:13.80	01:17.10	01:25.66	01:34.02	01:44.18
	S 10	01:07.09	01:09.30	01:14.81	01:23.12	01:31.23	01:41.09
	S 11	01:01.96	01:05.48	01:07.04	01:14.48	01:21.75	01:30.59
	S 12	01:00.40	01:03.64	01:05.41	01:12.67	01:19.76	01:28.39
	S 13	01:09.36	01:11.31	01:15.37	01:23.74	01:31.91	01:41.85
100Ba	S 1	01:01.27	01:04.32	01:08.40	01:16.00	01:23.41	01:32.43
	S 2	00:59.86	01:01.63	01:03.75	01:10.83	01:17.74	01:26.14
	S 3				02:28.74	02:43.25	03:00.90
	S 4	01:02.07	01:32.95	01:42.89	01:54.32	02:05.47	02:19.04
	S 5	00:49.32	00:54.48	00:57.37	01:03.74	01:09.96	01:17.52
	S 6	01:40.20	01:48.37	01:57.55	02:10.61	02:23.35	02:38.85
	S 7	01:29.01	01:37.73	01:43.06	01:54.51	02:05.68	02:19.27
	S 8	01:21.10	01:23.76	01:25.58	01:35.08	01:44.36	01:55.64
	S 9				01:43.02	01:53.07	02:05.29
	S 10	01:09.91	01:11.55	01:16.28	01:24.75	01:33.02	01:43.08
	S 11	01:08.06	01:11.38	01:14.84	01:23.15	01:31.26	01:41.13
	S 12	01:12.62	01:20.47	01:24.87	01:34.30	01:43.50	01:54.68
	S 13	01:04.97	01:10.62	01:12.14	01:20.15	01:27.97	01:37.48
50Fly	S 1				01:19.08	01:26.80	01:36.18
	S 2				00:51.52	00:56.54	01:02.66
	S 3	00:31.87	00:36.41	00:38.15	00:42.38	00:46.52	00:51.55
	S 4	00:31.54	00:32.96	00:33.89	00:37.65	00:41.32	00:45.79
	S 5	00:29.34	00:30.57	00:32.44	00:36.04	00:39.56	00:43.83
	S 6	01:03.20	01:04.55	01:05.77	01:13.07	01:20.20	01:28.87
	S 7	01:00.54	01:01.79	01:02.47	01:09.41	01:16.18	01:24.41
	S 8	00:57.66	00:59.06	01:01.00	01:07.77	01:14.39	01:22.43
	S 9	01:04.77	01:08.73	01:11.11	01:19.01	01:26.71	01:36.09
	S 10	00:57.81	00:59.01	01:02.02	01:08.91	01:15.63	01:23.81
	S 11	00:57.00	00:58.53	01:02.34	01:09.26	01:16.02	01:24.24
	S 12				01:09.26	01:16.02	01:24.24
	S 13	02:59.91	03:17.44	04:05.40	04:32.66	04:59.26	05:31.62
150IM	SM 3	02:59.91	03:17.44	04:05.40	04:32.66	04:59.26	05:31.62
	SM 4	02:38.76	02:47.74	02:52.35	03:11.50	03:30.18	03:52.90
	SM 5				04:24.06	04:49.82	05:21.16
	SM 6	02:41.29	02:49.50	02:56.42	03:16.02	03:35.14	03:58.40
	SM 7	02:31.58	02:35.99	02:46.13	03:04.58	03:22.59	03:44.50
	SM 8	02:21.53	02:29.02	02:31.72	02:48.57	03:05.02	03:25.02
	SM 9	02:16.04	02:23.73	02:25.11	02:41.23	02:56.96	03:16.09
	SM 10	02:11.39	02:18.97	02:25.99	02:42.21	02:58.03	03:17.28
	SM 11	02:27.97	02:34.62	02:45.93	03:04.36	03:22.35	03:44.22
	SM 12				02:39.86	02:55.46	03:14.43
	SM 13	02:10.79	02:14.38	02:20.55	02:36.16	02:51.40	03:09.93

女子 -WOMEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1						
	S 2				01:36.35	01:45.75	01:57.18
	S 3				01:36.97	01:46.43	01:57.94
	S 4	00:40.85	00:43.75	00:48.03	00:53.36	00:58.57	01:04.90
	S 5				00:49.68	00:54.53	01:00.43
	S 6	00:33.40	00:35.29	00:36.01	00:40.01	00:43.91	00:48.66
	S 7				00:40.88	00:44.87	00:49.72
	S 8	00:31.16	00:31.77	00:33.31	00:37.01	00:40.62	00:45.01
	S 9				00:34.51	00:37.87	00:41.97
	S 10	00:27.74	00:28.85	00:29.49	00:32.76	00:35.96	00:39.85
	S 11	00:29.79	00:30.91	00:34.06	00:37.84	00:41.53	00:46.02
	S 12				00:33.90	00:37.20	00:41.22
	S 13	00:27.07	00:28.44	00:28.76	00:31.95	00:35.07	00:38.86
100Fr	S 1				03:26.64	03:46.80	04:11.32
	S 2				03:08.43	03:26.81	03:49.17
	S 3	01:49.63	02:22.60	02:49.59	02:15.81	02:29.06	02:45.17
	S 4	01:21.69	01:26.52	01:34.24	01:44.71	01:54.92	02:07.35
	S 5				01:30.97	01:39.85	01:50.64
	S 6	01:11.37	01:14.55	01:16.64	01:25.15	01:33.46	01:43.56
	S 7				01:21.12	01:29.03	01:38.66
	S 8	01:03.39	01:03.87	01:04.86	01:12.06	01:19.09	01:27.84
	S 9	01:00.68	01:02.31	01:04.08	01:11.20	01:18.14	01:26.59
	S 10	01:06.56	01:11.13	01:14.71	01:23.01	01:31.10	01:40.95
	S 11	01:00.25	01:02.59	01:07.78	01:15.31	01:22.65	01:31.59
	S 12				01:11.13	01:18.07	01:26.51
	S 13						
200Fr	S 1				06:08.33	06:44.26	07:27.97
	S 2				06:11.08	06:47.29	07:31.32
	S 3				06:15.63	06:52.28	07:38.85
	S 4				06:15.63	06:52.28	07:38.85
	S 5	02:46.65	03:15.75	03:27.41	03:50.45	04:12.93	04:40.28
	S 6	05:12.87	05:33.49	05:56.24	06:35.82	07:14.43	08:01.40
	S 7	05:11.89	05:37.07	05:39.03	06:16.70	06:53.45	07:38.14
	S 8	04:54.62	05:19.09	05:27.49	06:03.87	06:39.37	07:22.55
	S 9	04:39.32	04:53.24	04:56.92	05:29.91	06:02.09	06:41.24
	S 10	04:31.79	04:48.54	05:00.80	05:34.22	06:06.82	06:46.48
	S 11	05:07.56	05:40.24	05:47.25	06:25.83	07:03.47	07:49.25
	S 12				05:41.75	06:15.09	06:55.64
	S 13	04:35.87	04:49.96	05:00.02	05:33.35	06:05.87	06:45.43
50Ba	S 1				01:43.31	01:53.39	02:05.64
	S 2	01:10.19	01:32.98	01:32.98	01:43.31	01:53.39	02:05.64
	S 3	00:55.11	01:07.66	01:14.07	01:22.30	01:30.32	01:40.09
	S 4	00:48.36	00:54.79	00:58.56	01:05.06	01:11.41	01:19.13
	S 5	00:43.28	00:48.40	00:49.83	00:55.36	01:00.76	01:07.33
	S 6	02:32.44	03:28.25	03:28.25	03:51.38	04:13.96	04:41.41
	S 7	01:21.16	01:24.14	01:31.10	01:41.22	01:51.09	02:03.10
	S 8				01:41.04	01:50.90	02:02.89
	S 9	01:18.31	01:25.67	01:26.13	01:35.70	01:45.03	01:56.39
	S 10	01:11.02	01:14.24	01:19.54	01:28.37	01:37.00	01:47.48
	S 11	01:08.94	01:12.63	01:14.87	01:23.18	01:31.30	01:41.17
	S 12	01:16.98	01:23.37	01:26.32	01:35.91	01:45.26	01:56.64
	S 13	01:09.18	01:17.38	01:23.74	01:33.04	01:42.12	01:53.16
100Ba	S 1	01:06.49	01:09.39	01:15.36	01:23.73	01:31.90	01:41.83
	S 2				02:11.64	02:24.48	02:40.10
	S 3	00:59.03	01:04.34	01:07.39	01:14.87	01:22.18	01:31.06
	S 4	01:50.36	02:07				

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満12歳の選手用】

男子 -MEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:49.23	02:00.16	02:13.51
	S 2				01:27.53	01:36.28	01:46.98
	S 3	00:45.95	00:50.09	00:56.94	01:04.70	01:11.17	01:19.08
	S 4	00:37.58	00:40.40	00:41.61	00:47.28	00:52.01	00:57.79
	S 5	00:31.35	00:33.30	00:35.65	00:40.51	00:44.56	00:49.51
	S 6				00:36.60	00:40.26	00:44.73
	S 7	00:27.99	00:28.49	00:29.67	00:33.71	00:37.08	00:41.20
	S 8				00:32.32	00:35.56	00:39.51
	S 9	00:25.19	00:25.96	00:26.28	00:29.86	00:32.85	00:36.50
	S 10	00:23.50	00:25.00	00:25.57	00:29.05	00:31.96	00:35.51
	S 11	00:26.18	00:27.96	00:28.27	00:32.12	00:35.33	00:39.26
	S 12				00:29.50	00:32.45	00:36.05
	S 13	00:24.13	00:24.54	00:25.03	00:28.44	00:31.28	00:34.76
100Fr	S 1				03:47.40	04:10.15	04:37.94
	S 2				03:13.05	03:32.36	03:55.95
	S 3				02:58.44	03:16.28	03:38.09
	S 4	01:22.93	01:28.46	01:35.68	01:48.72	01:59.60	02:12.88
	S 5	01:10.80	01:15.12	01:19.81	01:30.69	01:39.76	01:50.84
	S 6	01:05.45	01:07.60	01:10.89	01:20.55	01:28.61	01:38.45
	S 7				01:18.94	01:26.83	01:36.48
	S 8	00:58.52	01:00.03	01:01.21	01:09.55	01:16.51	01:25.01
	S 9				01:05.36	01:11.90	01:19.88
	S 10	00:51.45	00:54.72	00:56.01	01:03.64	01:10.01	01:17.79
	S 11				01:12.87	01:19.93	01:28.81
	S 12	00:52.87	00:55.09	00:57.33	01:05.14	01:11.66	01:19.82
	S 13				01:03.76	01:10.13	01:17.93
200Fr	S 1				07:19.00	08:02.90	08:57.55
	S 2	04:11.17	04:42.43	05:16.21	05:59.32	06:35.26	07:19.18
	S 3	03:23.93	03:51.15	04:16.16	04:51.09	05:20.20	05:55.77
	S 4	02:54.74	03:08.06	03:25.98	03:54.06	04:17.47	04:46.08
	S 5	02:38.61	02:48.85	03:13.43	03:39.80	04:01.78	04:28.65
	S 6	05:04.84	05:21.35	05:30.74	06:15.84	06:53.42	07:39.36
	S 7	04:38.95	04:56.24	05:05.90	05:47.61	06:22.37	07:04.86
	S 8	04:28.47	04:41.97	04:49.09	05:28.51	06:01.36	06:41.51
	S 9	04:13.54	04:24.75	04:27.11	05:03.53	05:33.88	06:10.98
	S 10				04:57.14	05:26.86	06:03.18
	S 11	04:34.89	04:54.56	05:08.35	05:50.39	06:25.43	07:08.26
	S 12				05:14.98	05:46.48	06:24.98
	S 13	04:02.28	04:29.03	04:42.42	05:20.93	05:53.02	06:32.25
50Ba	S 1	01:13.78	01:50.80	01:50.80	02:05.90	02:18.50	02:33.88
	S 2	00:57.31	01:03.28	01:13.90	01:23.97	01:32.37	01:42.63
	S 3	00:45.57	00:53.18	01:00.17	01:08.37	01:15.21	01:23.56
	S 4	00:42.57	00:46.58	00:49.99	00:56.80	01:02.48	01:09.43
	S 5	00:33.38	00:37.56	00:40.07	00:45.53	00:50.08	00:55.65
	S 6	02:32.08	03:45.98	03:45.98	04:16.79	04:42.47	05:13.86
	S 7	02:02.07	02:14.54	02:33.57	02:54.51	03:11.96	03:33.29
	S 8	01:15.74	01:19.41	01:21.74	01:32.88	01:42.17	01:53.52
	S 9	01:10.08	01:13.80	01:17.10	01:27.61	01:36.37	01:47.08
	S 10	01:07.09	01:09.30	01:14.81	01:25.01	01:33.51	01:43.90
	S 11	01:01.96	01:05.48	01:07.04	01:16.18	01:23.80	01:33.11
	S 12	01:00.40	01:03.64	01:05.41	01:14.32	01:21.76	01:30.84
	S 13	01:09.36	01:11.31	01:15.37	01:25.64	01:34.21	01:44.68
100Ba	S 1	01:01.27	01:04.32	01:08.40	01:17.72	01:25.50	01:35.00
	S 2	00:59.86	01:01.63	01:03.75	01:12.44	01:19.68	01:28.54
	S 3				02:32.12	02:47.33	03:05.93
	S 4	01:02.07	01:32.95	01:42.89	01:56.92	02:08.61	02:22.90
	S 5	00:49.32	00:54.48	00:57.37	01:05.19	01:11.71	01:19.68
	S 6	01:40.20	01:48.37	01:57.55	02:13.57	02:26.93	02:43.23
	S 7	01:29.01	01:37.73	01:43.06	01:57.11	02:08.82	02:23.13
	S 8	01:21.10	01:23.76	01:25.58	01:37.25	01:46.97	01:58.86
	S 9				01:45.36	01:55.90	02:08.77
	S 10	01:09.91	01:11.55	01:16.28	01:26.68	01:35.35	01:45.94
	S 11	01:08.06	01:11.38	01:14.84	01:25.04	01:33.55	01:43.94
	S 12	01:12.62	01:20.47	01:24.87	01:36.44	01:46.08	01:57.87
	S 13	01:04.97	01:10.62	01:12.14	01:21.97	01:30.17	01:40.19
50Br	S 1				01:20.88	01:28.97	01:38.86
	S 2				00:52.69	00:57.96	01:04.40
	S 3	00:31.54	00:32.96	00:33.89	00:38.51	00:42.36	00:47.06
	S 4	00:29.34	00:30.57	00:32.44	00:36.86	00:40.55	00:45.05
	S 5	01:03.20	01:04.55	01:05.77	01:14.73	01:22.21	01:31.34
	S 6	01:00.54	01:01.79	01:02.47	01:10.98	01:18.08	01:26.76
	S 7	00:57.66	00:59.06	01:01.00	01:09.31	01:16.25	01:24.72
	S 8	01:04.77	01:08.73	01:11.11	01:20.80	01:28.88	01:38.76
	S 9	00:57.81	00:59.01	01:02.02	01:10.47	01:17.52	01:26.13
	S 10	00:57.00	00:58.53	01:02.34	01:10.84	01:17.92	01:26.58
	S 11				04:30.06	04:57.07	05:30.08
	S 12	02:41.29	02:49.50	02:56.42	03:20.47	03:40.52	04:05.02
	S 13	02:31.58	02:35.99	02:46.13	03:08.78	03:27.66	03:50.73
100Br	S 1	02:21.53	02:29.02	02:31.72	02:52.40	03:09.65	03:30.72
	S 2	02:16.04	02:23.73	02:25.11	02:44.89	03:01.38	03:21.54
	S 3	02:11.39	02:18.97	02:25.99	02:45.89	03:02.48	03:22.76
	S 4	02:27.97	02:34.62	02:45.93	03:08.55	03:27.41	03:50.45
	S 5				02:43.50	02:59.85	03:19.83
	S 6	02:10.78	02:14.38	02:20.55	02:39.71	02:55.68	03:15.20

女子 -WOMEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1						
	S 2				01:38.54	01:48.40	02:00.44
	S 3				01:39.18	01:49.10	02:01.22
	S 4	00:40.85	00:43.75	00:48.03	00:54.57	01:00.03	01:06.70
	S 5				00:50.81	00:55.90	01:02.11
	S 6	00:33.40	00:35.29	00:36.01	00:40.92	00:45.01	00:50.01
	S 7				00:41.81	00:46.00	00:51.11
	S 8	00:31.16	00:31.77	00:33.31	00:37.85	00:41.63	00:46.26
	S 9				00:35.29	00:38.82	00:43.13
	S 10	00:27.74	00:28.85	00:29.49	00:33.51	00:36.86	00:40.95
	S 11	00:29.79	00:30.91	00:34.06	00:38.70	00:42.57	00:47.30
	S 12				00:34.67	00:38.13	00:42.37
	S 13	00:27.07	00:28.44	00:28.76	00:32.68	00:35.95	00:39.94
100Fr	S 1						
	S 2				03:31.34	03:52.47	04:18.30
	S 3	01:49.63	02:22.60	02:49.59	03:12.71	03:31.98	03:55.54
	S 4				02:18.89	02:32.78	02:49.76
	S 5	01:21.69	01:26.52	01:34.24	01:47.09	01:57.80	02:10.88
	S 6				01:33.04	01:42.35	01:53.72
	S 7	01:11.37	01:14.55	01:16.64	01:27.09	01:35.80	01:46.44
	S 8				01:22.96	01:31.26	01:41.40
	S 9	01:03.39	01:03.87	01:04.86	01:13.70	01:21.07	01:30.08
	S 10	01:00.68	01:02.31	01:04.08	01:12.81	01:20.10	01:29.00
	S 11	01:06.56	01:11.13	01:14.71	01:24.89	01:33.38	01:43.76
	S 12	01:00.25	01:02.59	01:07.78	01:17.02	01:24.72	01:34.13
	S 13				01:12.75	01:20.02	01:28.91
200Fr	S 1						
	S 2				06:16.70	06:54.37	07:40.41
	S 3				06:19.52	06:57.47	07:43.96
	S 4				06:24.17	07:02.58	07:49.54
	S 5	02:46.65	03:15.75	03:27.41	03:55.69	04:19.26	04:48.06
	S 6	05:12.87	05:33.49	05:56.24	06:44.81	07:25.30	08:14.77
	S 7	05:11.89	05:37.07	05:39.03	06:25.26	07:03.78	07:50.87
	S 8	04:54.62	05:19.09	05:27.49	06:12.14	06:49.36	07:34.84
	S 9	04:39.32	04:53.24	04:56.92	05:37.40	06:11.15	06:52.38
	S 10	04:31.79	04:48.54	05:00.80	05:41.81	06:16.00	06:57.77
	S 11	05:07.56	05:40.24	05:47.25	06:34.60	07:14.06	08:02.29
	S 12				05:49.52	06:24.47	07:07.19
	S 13	04:35.87	04:49.96	05:00.02	05:40.93	06:15.02	06:56.69
50Ba	S 1						
	S 2	01:10.19	01:32.98	01:32.98	01:45.65	01:56.22	02:09.13
	S 3	00:55.11	01:07.66	01:14.07	01:24.17	01:32.58	01:42.87
	S 4	00:48.36	00:54.79	00:58.56	01:06.54	01:13.20	01:21.33
	S 5	00:43.28	00:48.40	00:49.83	00:56.62	01:02.28	01:09.20
	S 6	02:32.44	03:28.25	03:28.25	03:56.64	04:20.31	04:49.23
	S 7	01:21.16	01:24.14	01:31.10	01:43.52	01:53.87	02:06.52
	S 8				01:43.34	01:53.67	02:06.30
	S 9	01:18.31	01:25.67				

一般社団法人日本パラ水泳連盟 国際大会強化指定選手等指定標準記録一覧表(2022年1月1日～2022年12月31日)
 【育成指定標準記録：2022年1月1日現在で満10歳、および満11歳の選手用】

男子 -MEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1				01:51.77	02:03.24	02:17.32
	S 2				01:29.56	01:38.75	01:50.04
	S 3	00:45.95	00:50.09	00:56.94	01:06.20	01:13.00	01:21.34
	S 4	00:37.58	00:40.40	00:41.61	00:48.38	00:53.34	00:59.44
	S 5	00:31.35	00:33.30	00:35.65	00:41.45	00:45.70	00:50.92
	S 6				00:37.45	00:41.29	00:46.01
	S 7	00:27.99	00:28.49	00:29.67	00:34.50	00:38.03	00:42.38
	S 8				00:33.08	00:36.47	00:40.64
	S 9	00:25.19	00:25.96	00:26.28	00:30.55	00:33.69	00:37.54
	S 10	00:23.50	00:25.00	00:25.57	00:29.73	00:32.78	00:36.52
	S 11	00:26.18	00:27.96	00:28.27	00:32.87	00:36.24	00:40.38
	S 12				00:30.18	00:33.28	00:37.08
	S 13	00:24.13	00:24.54	00:25.03	00:29.10	00:32.08	00:35.75
100Fr	S 1				03:52.69	04:16.56	04:45.88
	S 2				03:17.54	03:37.80	04:02.70
	S 3				03:02.59	03:21.32	03:44.32
	S 4	01:22.93	01:28.46	01:35.68	01:51.25	02:02.66	02:16.68
	S 5	01:10.80	01:15.12	01:19.81	01:32.80	01:42.32	01:54.01
	S 6	01:05.45	01:07.60	01:10.89	01:22.43	01:30.88	01:41.27
	S 7				01:20.77	01:29.06	01:39.24
	S 8	00:58.52	01:00.03	01:01.21	01:11.17	01:18.47	01:27.44
	S 9				01:06.88	01:13.74	01:22.17
	S 10	00:51.45	00:54.72	00:56.01	01:05.12	01:11.80	01:20.01
	S 11				01:14.36	01:21.98	01:31.35
	S 12	00:52.87	00:55.09	00:57.33	01:06.66	01:13.50	01:21.90
	S 13				01:05.24	01:11.93	01:20.15
200Fr	S 1				07:29.20	08:15.28	09:11.88
	S 2	04:14.17	04:42.43	05:16.21	06:07.68	06:45.39	07:31.72
	S 3	03:23.93	03:51.15	04:16.16	04:57.86	05:28.41	06:05.94
	S 4	02:54.74	03:08.06	03:25.98	03:59.51	04:24.07	04:54.25
	S 5	02:38.61	02:48.85	03:13.43	03:44.91	04:07.98	04:36.32
	S 6	05:04.84	05:21.35	05:30.74	06:24.58	07:04.02	07:52.48
	S 7	04:38.95	04:56.24	05:05.90	05:55.69	06:32.17	07:17.00
	S 8	04:28.47	04:41.97	04:49.09	05:36.15	06:10.82	06:52.98
	S 9	04:13.54	04:24.75	04:27.11	05:10.59	05:42.44	06:21.58
	S 10				05:04.05	05:35.24	06:13.55
	S 11	04:34.89	04:54.56	05:08.35	05:58.54	06:35.32	07:20.50
	S 12				05:22.31	05:55.37	06:35.98
	S 13	04:02.28	04:29.03	04:42.42	05:28.39	06:02.07	06:43.45
50Ba	S 1	01:13.78	01:50.80	01:50.80	02:08.83	02:22.05	02:38.28
	S 2	00:57.31	01:03.28	01:13.90	01:25.93	01:34.74	01:45.57
	S 3	00:45.57	00:53.18	01:00.17	01:09.96	01:17.14	01:25.95
	S 4	00:42.57	00:46.58	00:49.99	00:58.12	01:04.08	01:11.41
	S 5	00:33.38	00:37.56	00:40.07	00:46.59	00:51.37	00:57.24
	S 6	02:32.08	03:45.98	03:45.98	04:22.76	04:49.71	05:22.82
	S 7	02:02.07	02:14.54	02:33.57	02:58.56	03:16.88	03:39.38
	S 8	01:15.74	01:19.41	01:21.74	01:35.04	01:44.79	01:56.77
	S 9	01:10.08	01:13.80	01:17.10	01:29.65	01:38.84	01:50.14
	S 10	01:07.09	01:09.30	01:14.81	01:26.98	01:35.91	01:46.87
	S 11	01:01.96	01:05.48	01:07.04	01:17.95	01:25.94	01:35.77
	S 12	01:00.40	01:03.64	01:05.41	01:16.05	01:23.85	01:33.44
	S 13	01:09.36	01:11.31	01:15.37	01:27.63	01:36.62	01:47.67
100Ba	S 1	01:01.27	01:04.32	01:08.40	01:19.53	01:27.69	01:37.71
	S 2	00:59.86	01:01.63	01:03.75	01:14.12	01:21.73	01:31.07
	S 3				02:35.66	02:51.62	03:11.24
	S 4	01:02.07	01:32.95	01:42.89	01:59.63	02:11.91	02:26.98
	S 5	00:49.32	00:54.48	00:57.37	01:06.70	01:13.55	01:21.95
	S 6	01:40.20	01:48.37	01:57.55	02:16.68	02:30.70	02:47.92
	S 7	01:29.01	01:37.73	01:43.06	01:59.83	02:12.12	02:27.22
	S 8	01:21.10	01:23.76	01:25.58	01:39.51	01:49.71	02:02.25
	S 9				01:47.81	01:58.87	02:12.45
	S 10	01:09.91	01:11.55	01:16.28	01:28.69	01:37.79	01:48.97
	S 11	01:08.06	01:11.38	01:14.84	01:27.02	01:35.94	01:46.91
	S 12	01:12.62	01:20.47	01:24.87	01:38.68	01:48.80	02:01.24
	S 13	01:04.97	01:10.62	01:12.14	01:23.88	01:32.48	01:43.05
50Fly	S 1				01:22.76	01:31.25	01:41.68
	S 2				00:53.91	00:59.44	01:06.24
	S 3	00:31.87	00:36.41	00:38.15	00:44.36	00:48.91	00:54.50
	S 4	00:31.54	00:32.96	00:33.89	00:39.40	00:43.44	00:48.41
	S 5	00:29.34	00:30.57	00:32.44	00:37.72	00:41.58	00:46.34
	S 6	01:03.20	01:04.55	01:05.77	01:16.47	01:24.32	01:33.95
	S 7	01:00.54	01:01.79	01:02.47	01:12.63	01:20.08	01:29.24
	S 8	00:57.66	00:59.06	01:01.00	01:10.93	01:18.20	01:27.14
	S 9	01:04.77	01:08.73	01:11.11	01:22.68	01:31.16	01:41.58
	S 10	00:57.81	00:59.01	01:02.02	01:12.11	01:19.51	01:28.60
	S 11	00:57.00	00:58.53	01:02.34	01:12.48	01:19.92	01:29.05
	S 12				04:36.34	05:04.69	05:39.51
	S 13	02:41.29	02:49.50	02:56.42	03:25.13	03:46.17	04:12.02
100Fly	SM 3	02:59.91	03:17.44	04:05.40	04:45.34	05:14.61	05:50.57
	SM 4	02:38.76	02:47.74	02:52.35	03:20.40	03:40.96	04:06.21
	SM 5				03:56.34	04:26.69	04:59.51
	SM 6	02:31.58	02:35.99	02:46.13	03:13.17	03:32.98	03:57.32
	SM 7	02:21.53	02:29.02	02:31.72	02:56.41	03:14.51	03:36.74
	SM 8	02:16.04	02:23.73	02:25.11	02:48.73	03:06.03	03:27.30
	SM 9	02:11.39	02:18.97	02:25.99	02:49.75	03:07.16	03:28.55
	SM 10	02:07.97	02:14.62	02:24.93	03:12.94	03:32.73	03:57.04
	SM 11				02:47.30	03:04.46	03:25.54
	SM 12				02:43.43	03:00.19	03:20.78
	SM 13	02:10.79	02:14.38	02:20.55	02:43.43	03:00.19	03:20.78

女子 -WOMEN-		強化			育成		
種目	クラス	S	A	B	S	A	B
50Fr	S 1						
	S 2				01:40.83	01:51.17	02:03.88
	S 3				01:41.48	01:51.89	02:04.68
	S 4	00:40.85	00:43.75	00:48.03	00:55.84	01:01.57	01:08.61
	S 5				00:52.00	00:57.33	01:03.88
	S 6	00:33.40	00:35.29	00:36.01	00:41.87	00:46.16	00:51.44
	S 7				00:42.79	00:47.17	00:52.57
	S 8	00:31.16	00:31.77	00:33.31	00:38.73	00:42.70	00:47.58
	S 9				00:36.11	00:39.82	00:44.37
	S 10	00:27.74	00:28.85	00:29.49	00:34.29	00:37.80	00:42.12
	S 11	00:29.79	00:30.91	00:34.06	00:39.60	00:43.66	00:48.65
	S 12				00:35.47	00:39.11	00:43.58
	S 13	00:27.07	00:28.44	00:28.76	00:33.44	00:36.87	00:41.08
100Fr	S 1						
	S 2				03:36.25	03:58.43	04:25.68
	S 3	01:49.63	02:22.60	02:49.59	03:17.19	03:37.42	04:02.27
	S 4				02:22.12	02:36.70	02:54.61
	S 5	01:21.69	01:26.52	01:34.24	01:49.58	02:00.82	02:14.86
	S 6				01:35.20	01:44.97	01:56.97
	S 7	01:11.37	01:14.55	01:16.64	01:29.11	01:38.25	01:49.48
	S 8				01:24.89	01:33.60	01:44.30
	S 9	01:03.39	01:03.87	01:04.86	01:15.41	01:23.15	01:32.65
	S 10	01:00.68	01:02.31	01:04.08	01:14.51	01:22.15	01:31.54
	S 11	01:06.56	01:11.13	01:14.71	01:26.87	01:35.78	01:46.72
	S 12	01:00.25	01:02.59	01:07.78	01:18.81	01:26.89	01:36.82
	S 13				01:14.44	01:22.07	01:31.45
200Fr	S 1						
	S 2				06:25.46	07:05.00	07:53.57
	S 3				06:28.34	07:08.17	07:57.11
	S 4				06:33.10	07:13.42	08:02.95
	S 5	02:46.65	03:15.75	03:27.41	04:00.17	04:25.91	04:56.30
	S 6	05:12.87	05:33.49	05:56.24	06:54.23	07:36.71	08:28.91
	S 7	05:11.80	05:37.07	05:39.03	06:34.22	07:14.65	08:04.32
	S 8	04:54.62	05:19.09	05:27.49	06:20.80	06:59.85	07:47.84
	S 9	04:39.32	04:53.24	04:56.92	05:45.25	06:20.66	07:04.17
	S 10	04:31.79	04:48.54	05:00.80	05:49.76	06:25.64	07:09.71
	S 11	05:07.56	05:40.24	05:47.25	06:43.77	07:25.19	08:16.07
	S 12				05:57.65	06:34.33	07:19.40
	S 13	04:35.87	04:49.96	05:00.02	05:48.66	06:24.64	07:08.60
50Ba	S 1						
	S 2	01:10.19	01:32.98	01:32.98	01:48.11	01:59.20	02:12.82
	S 3	00:55.11	01:07.66	01:14.07	01:26.12	01:34.96	01:45.81
	S 4	00:48.36	00:54.79	00:58.			