

一般社団法人日本パラ水泳連盟
 国際大会強化指定選手等指定標準記録一覧表(2023年1月1日～2023年12月31日)
 【全年齢対象・強化指定選手指定標準記録のみ掲載】

男子 -MEN-		強化			
種目	クラス	S	A	B	
50Fr	S 1				
	S 2				
	S 3	00:45.95	00:50.09	00:54.92	
	S 4	00:37.58	00:40.40	00:40.63	
	S 5	00:31.35	00:33.30	00:35.15	
	S 6				
	S 7	00:27.99	00:28.49	00:29.48	
	S 8				
	S 9	00:25.19	00:25.96	00:26.29	
	S 10	00:23.50	00:25.00	00:25.49	
	S 11	00:26.18	00:27.69	00:27.69	
	S 12				
	S 13	00:24.13	00:24.54	00:24.96	
100Fr	S 1				
	S 2				
	S 3				
	S 4	01:22.93	01:28.46	01:33.79	
	S 5	01:10.80	01:15.12	01:18.77	
	S 6	01:05.45	01:07.60	01:09.34	
	S 7				
	S 8	00:58.52	01:00.03	01:00.72	
	S 9				
	S 10	00:51.45	00:54.72	00:55.75	
	S 11				
	S 12	00:52.87	00:55.09	00:56.97	
	S 13				
200Fr	S 1				
	S 2	04:14.17	04:42.43	05:00.25	
	S 3	03:23.93	03:51.15	04:10.92	
	S 4	02:54.74	03:08.06	03:20.72	
	S 5	02:38.61	02:48.85	02:56.38	
400Fr	S 6	05:04.84	05:21.35	05:27.37	
	S 7	04:38.95	04:56.24	05:05.24	
	S 8	04:28.47	04:41.97	04:43.89	
	S 9	04:13.54	04:24.75	04:26.93	
	S 10				
	S 11	04:34.89	04:54.56	05:04.43	
	S 12				
50Ba	S 1	04:02.28	04:29.03	04:31.59	
	S 2	01:13.78	01:50.80	01:53.32	
	S 3	00:57.31	01:03.28	01:09.31	
	S 4	00:45.57	00:53.18	00:56.99	
	S 5	00:42.57	00:46.58	00:49.22	
100Ba	S 6	00:33.38	00:37.56	00:39.38	
	S 7	02:32.08	03:45.98	04:05.98	
	S 8	02:02.07	02:14.54	02:28.15	
	S 9	01:15.74	01:19.41	01:21.53	
	S 10	01:10.08	01:13.80	01:15.74	
	S 11	01:07.09	01:09.30	01:10.91	
	S 12	01:01.96	01:05.48	01:06.30	
	S 13	01:00.40	01:03.64	01:04.00	
	S 14	01:09.36	01:11.31	01:12.94	
	S 15	01:01.27	01:04.32	01:09.02	
	S 16	00:59.86	01:01.63	01:03.28	
	50Br	SB 1			
		SB 2	01:02.07	01:24.25	01:24.25
SB 3		00:49.32	00:54.48	00:55.77	
SB 4		01:40.20	01:48.37	01:56.83	
SB 5		01:29.01	01:37.73	01:42.49	
SB 6		01:21.10	01:23.76	01:25.36	
SB 7					
100Br	SB 8	01:09.91	01:11.55	01:14.84	
	SB 9	01:08.06	01:11.38	01:12.19	
	SB 10	01:12.62	01:20.47	01:24.11	
	SB 11				
	SB 12				
	SB 13	01:04.97	01:10.62	01:11.90	
	50Fly	S 3			
S 4					
S 5		00:31.87	00:36.41	00:37.61	
S 6		00:31.54	00:32.96	00:33.22	
S 7		00:29.34	00:30.57	00:32.50	
100Fly	S 8	01:03.20	01:04.55	01:05.27	
	S 9	01:00.54	01:01.79	01:02.53	
	S 10	00:57.66	00:59.06	00:59.48	
	S 11	01:04.77	01:08.73	01:10.30	
	S 12	00:57.81	00:59.01	01:01.95	
	S 13	00:57.00	00:58.53	01:00.04	
150IM	SM 3	02:59.91	03:17.44	03:44.30	
	SM 4	02:38.76	02:47.74	02:50.06	
200IM	SM 5				
	SM 6	02:41.29	02:49.50	02:55.12	
	SM 7	02:31.58	02:35.99	02:45.82	
	SM 8	02:21.53	02:29.02	02:31.87	
	SM 9	02:16.04	02:23.73	02:24.20	
	SM 10	02:11.39	02:18.97	02:23.17	
	SM 11	02:27.97	02:34.62	02:40.33	
	SM 12				
	SM 13	02:10.79	02:14.38	02:19.54	

女子 -WOMEN-		強化			
種目	クラス	S	A	B	
50Fr	S 1				
	S 2				
	S 3				
	S 4	00:40.85	00:43.75	00:44.50	
	S 5				
	S 6	00:33.40	00:35.29	00:35.69	
	S 7				
	S 8	00:31.16	00:31.77	00:33.03	
	S 9				
	S 10	00:27.74	00:28.85	00:28.88	
	S 11	00:29.79	00:30.91	00:33.13	
	S 12				
	S 13	00:27.07	00:28.44	00:28.57	
100Fr	S 1				
	S 2				
	S 3	01:49.63	02:22.60	02:37.18	
	S 4				
	S 5	01:21.69	01:26.52	01:32.01	
	S 6				
	S 7	01:11.37	01:14.55	01:16.07	
	S 8				
	S 9	01:03.39	01:03.87	01:04.77	
	S 10	01:00.68	01:02.31	01:03.43	
	S 11	01:06.56	01:11.13	01:13.90	
	S 12	01:00.25	01:02.59	01:05.79	
	S 13				
200Fr	S 1				
	S 2				
	S 3				
	S 4				
	S 5	02:46.65	03:15.75	03:29.29	
400Fr	S 6	05:12.87	05:33.49	05:54.31	
	S 7	05:11.89	05:37.07	05:38.52	
	S 8	04:54.62	05:19.09	05:21.86	
	S 9	04:39.32	04:53.24	04:56.28	
	S 10	04:31.79	04:48.54	04:58.86	
	S 11	05:07.56	05:40.24	05:50.35	
	S 12				
50Ba	S 13	04:35.87	04:49.96	04:58.07	
	S 1				
	S 2	01:10.19	01:32.98	01:55.28	
	S 3	00:55.11	01:07.66	01:13.49	
	S 4	00:48.36	00:54.79	00:54.97	
	S 5	00:43.28	00:48.40	00:48.96	
	100Ba	S 6			
		S 7	02:32.44	03:28.25	03:54.95
		S 8	01:18.31	01:24.14	01:30.43
		S 9	01:11.02	01:14.24	01:16.48
		S 10	01:08.94	01:12.63	01:14.43
		S 11	01:16.98	01:23.37	01:24.68
		S 12	01:09.18	01:17.38	01:20.50
S 13		01:06.49	01:09.39	01:12.66	
50Br		SB 1			
		SB 2			
		SB 3	00:59.03	01:04.34	01:07.05
		SB 4	01:50.36	02:07.26	02:20.91
		SB 5	01:41.42	01:53.00	02:01.79
	SB 6	01:35.50	01:40.49	01:42.59	
	SB 7	01:33.32	01:40.72	01:43.34	
100Br	SB 8	01:24.10	01:28.79	01:28.79	
	SB 9	01:17.59	01:20.82	01:22.51	
	SB 10	01:26.04	01:33.02	01:34.52	
	SB 11	01:18.25	01:26.24	01:29.41	
	SB 12	01:15.15	01:20.37	01:23.39	
	SB 13				
	50Fly	S 3			
S 4					
S 5		00:45.33	00:46.49	00:51.52	
S 6		00:36.39	00:39.86	00:40.20	
S 7		00:34.32	00:37.01	00:38.23	
100Fly		S 8	01:19.93	01:26.93	01:26.93
		S 9	01:08.43	01:10.82	01:12.53
	S 10	01:07.68	01:09.59	01:13.42	
	S 11				
	S 12				
	S 13	01:06.46	01:11.78	01:12.61	
150IM	SM 3				
	SM 4	02:47.41	03:08.62	03:08.62	
200IM	SM 5	03:35.94	03:58.11	04:47.34	
	SM 6	02:57.42	03:08.05	03:15.14	
	SM 7	03:01.63	03:08.12	03:12.14	
	SM 8	02:47.86	03:02.20	03:03.77	
	SM 9	02:35.64	02:39.60	02:40.96	
	SM 10	02:27.03	02:35.26	02:40.02	
	SM 11	02:45.61	03:02.85	03:03.89	
	SM 12				
	SM 13	02:27.92	02:37.60	02:39.83	